

K e n s h u s e i - s e m i n a r



SADASHIGE KATO **SHIHAN** **IJKA WORLD CHIEF INSTRUCTOR**

*Shotokan World Organisation and The Japanese Martial Arts Foundation has the pleasure of inviting and organising a seminar session with the Karate Legend-
MASTER SADASHIGE KATO dan 9*

DATES

27 October (arrival) - 28 October (departure)

VENUE

Nicolaus Copernicus University of Toruń
University Sports Centre
Japanese Martial Arts Hall
Toruń 87-100, 35 Gagarina street

SEMINAR LEADER

Shihan Sadashige Kato dan 9 IJKA - the chairman of the IJKA Instructors Committee, one of the last remaining Japanese karate instructors graduating the legendary Kenshusei Masatoshi Nakayama course

THE SEMINAR PROGRAMME

An introduction to the Kenshusei ideas in order to improve the karate techniques, regardless the style and school

Master kata with interpretation and kumite elements
Karate for persons with reduced mobility- demonstration
Examination programme

Friday (27 Oct) - 1st part of the seminar - 6pm- 8pm
Saturday (28 Oct) - 2nd part of the seminar - 10am - 12am
Saturday (28 Oct) - 3rd part of the seminar - 3pm - 5pm
Saturday (28 Oct) - Dan examinations- 5pm - 7pm

Those willing to take a dan examination are requested to fill in and send in a Dan examination form (attached)

To verify the current dan and evaluate the exam fee, please contact the organisers before the seminar

ORGANISERS

Shotokan World Organisation Poland
and
Japanese Martial Arts and Active Life Foundation Toruń
Toruń 87-100, 48c/4 Szosa Chelminska Str
Mobile: 507-149-719
email: akktorun@wp.pl

TERMS AND CONDITIONS

1. The autumn Kenshusei- 2017 seminar for the instructors is uniquely available for all degrees of karate
2. Participants are requested to be able to present the valid health certificate and the accident Insurance
3. Under age persons are allowed to participate in the seminar only in their club's supervisor's presence

FEES

1. Friday-Saturday- 120PLN / person,
payable into the bank account until 15 Oct
Cash- 150PLN on the seminar day
2. Saturday- 100PLN / person
payable into the bank account until 15 Oct
Cash- 120PLN on the seminar day

REGISTRATION

Enrolment and the examination registration should be made to:
Japanese Martial Arts Foundation
email: akktorun@wp.pl

Fees payable to bank account
BS Toruń 76 9511 0000 0052 7352 2000 0020

and in cash:
27Oct (Friday) 5pm - 6pm
or
28 Oct (Saturday) 9am - 10am
In the office of the Autumn Kenshusei
Japanese Martial Arts Hall
Toruń 87-100, 35 Gagarina str.